



10 miler / 5k /
L'il Leprechaun

36th Annual

SHAMROCK

Saturday, March 17 - 7:30 am • John Prince Park, Lake Worth

10 Miler begins at 7:30 am - 5k begins at 7:45 am

Kid's L'il Leprechaun (for Leprechauns age 8 & under) begins at 9:30 am

Long Sleeved Irish Green T-Shirts to first 1,000 Registrations
Prize for the Best Irish Running Outfit

FUN ❖ **IRISH MUSIC** ❖ **FOOD** ❖ **AWARDS**

Come early for the Irish Kid's Face Painting (Adults too!)

New this year, a Challenge Race - run the Shamrock 5k on Saturday and lace 'em up again to run the Spring Training /Shamrock Challenge on Sunday, March 18th, to finish up on home plate at Roger Dean Stadium and receive a special award.

2 races, 2 days, 2 shirts. The Irish version of Disney's Goofy.

Fun for the Whole Family!

